



"Investing in Africa's Future"

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES AND
EDUCATION
INSTITUTE OF THEOLOGY AND RELIGIOUS STUDIES**

NTPT572 SHORT TERM COUNSELLING IN THE PARISH

END OF SECOND SEMESTER EXAMINATIONS

MAY-JUNE, 2020

LECTURER: Dr Mazvita Machinga

DURATION: 48 HOURS

INSTRUCTIONS

1. Do NOT write your name on the answer sheet.
2. Answer **ONE** Question
3. Credit will be given for neat, well-written and lucid work.

- 1) Applying the knowledge from your readings, and taking pastoral counseling as a practice:
 - a) Give a critical summary of factors that led to the establishment of pastoral counseling as a discipline and what distinguishes it from other forms of counseling and psychotherapy; [40]
 - b) Elaborate on the ethical, professional and legal issues, which should be considered when offering short-term pastoral counseling. [60]
- 2) 'When a member visits you for pastoral counseling, it is because they have deep rooted issues that may be distressing them'.
 - a) Elaborate on the statement above; [20]
 - b) Discuss the benefits and disadvantages of using biblical texts and prayer as a resource in the counseling ministry. [30]
 - c) Using a case study of your choice analyze the process and the steps that a pastoral counselor should follow to overcome these deep-rooted problems; [50]
- 3) 'Pastoral counseling as a practice is as old as the church, but its historical development as a discipline is traced from a dialogue between religion and science at the turn of the twentieth century.'
 - a) Critique this statement; [40]
 - b) Evaluate factors that led to the establishment of pastoral counseling as a discipline and what distinguishes the discipline from two counseling and psychotherapy theories of your choice. [60]

TMM

-THE END-