



*"Investing in Africa's Future"*

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES AND  
EDUCATION**

**TPT 572 : Short Term Counselling in Parish**

**END OF SEMESTER 2 EXAMINATIONS**

**MAY 2020**

**LECTURER: Dr Mazvita Machinga**

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**INSTRUCTIONS**

Do NOT write your name on the answer sheet.

Answer One Question

Credit will be given for neat, well-written and lucid work.

Answer One

Question

- 1) Applying the knowledge from your readings, and taking pastoral counseling as a practice, outline factors that led to the establishment of pastoral counseling as a discipline and what distinguishes it from other forms of counseling and psychotherapy. Elaborate the ethical, professional and legal issues which should be considered when offering short term pastoral counseling.
- 2) When a member visits you for pastoral counseling, it is because they have deep rooted issues that may be distressing them. Using a case study of your choice analyze the process and the steps that a pastoral counselor should follow to overcome these deep-rooted problems? Discuss the benefits and disadvantages of using biblical texts and prayer as a resource in the counseling ministry.

- 3) Pastoral counseling as a practice is as old as the church, but its historical development as a discipline is traced from a dialogue between religion and science at the turn of the twentieth century. Outline and evaluate factors that led to the establishment of pastoral counseling as a discipline and what distinguishes the discipline from two counseling and psychotherapy theories of your choice

**THE END**