



“Investing in Africa’s future”

COLLEGE OF HEALTH, AGRICULTURE & NATURAL SCIENCES

NPHS140: INTRODUCTION TO PSYCHOLOGY

END OF SECOND SEMESTER FINAL EXAMINATIONS

APRIL/MAY 2022

LECTURER: Dr. S Chituku

DURATION: 3 HRS

INSTRUCTIONS

You are required to answer questions as instructed below

Answer any **four (4)** questions in this paper

Credit will be awarded for logical, systematic and neat presentations

Question 1

Evaluate what psychologists have discovered about the sources of stress, including a discussion of individual and situational explanations. . (25)

Question 2

Write short notes on any FIVE of the following: (5 MARKS each)

- (a) Sensation and perception
 - (b) Operational conditioning
 - (c) Group dynamics
 - (d) Beliefs and behavior
 - (e) Models of stress
 - (f) Juvenile delinquents
- .

Question 3

What are different leadership styles with reference to major leadership style theories? Elaborate the characteristics of transformational and transactional leaders with appropriate examples. (25)

Question 4

Define physical, cognitive, social and emotional development in the light of child development and identify which of the development area is more important in human development. . (25)

Question 5

Define abnormal behaviour and describe possible psychological treatment used to treat anxiety or personality disorder in patients. (25)

End of Paper