



***“Investing in Africa’s future”***

**COLLEGE OF HEALTH, AGRICULTURE & NATURAL SCIENCES**

**NPHS140: INTRODUCTION TO PSYCHOLOGY**

**END OF SECOND SEMESTER FINAL EXAMINATIONS**

**JULY 2022**

**LECTURER: Dr. S Chituku**

**DURATION: 3 HRS**

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### **INSTRUCTIONS**

You are required to answer questions as instructed below

Answer any **four (4)** questions in this paper

Credit will be awarded for logical, systematic and neat presentations

**Question 1**

. Define psychological intervention. Discuss major therapeutic techniques introduced by clinical psychologists in different eras for the treatment of psychological disorders. (25)

**Question 2**

. Differentiate between sensation and perception. Elaborate Gestalt Principles of perception. (25)

**Question 3**

What are different leadership styles with reference to major leadership style theories? Elaborate the characteristics of transformational and transactional leaders with appropriate examples. (25)

**Question 4**

Describe in detail the structure and functions of central nervous system. (25)

**Question 5**

List and describe the various characteristics of mood disorders, including major depression and bipolar disorder. (25)

**End of Paper**