



*“Investing in Africa’s future”*

**COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES  
(CHANS)**

**NSHS 117: HEALTH PROMOTION AND CARE OF THE VULNERABLE**

**END OF SECOND SEMESTER FINAL EXAMINATIONS**

**APRIL/MAY 2022**

**LECTURER: MRS. V. K. CHIKANYA**

**DURATION: 3 HRS**

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**INSTRUCTIONS**

Answer **any three (3)** questions

All questions carry equal marks (100).

DO NOT repeat material.

Write legibly

### **Question 1**

Citing examples, outline the activities that the family provides in Promoting and protecting the health of its members.

**25 Marks**

### **Question 2**

Citing examples, outline the possible causes of vulnerability of abused children at the following levels:

a) Individual **10 Marks**

b) Family **15 Marks**

### **Question 3**

Food is essential for energy production, building new body cells and protecting the body from disease. Citing examples, outline the foods that contain the six (6) nutrients.

**25 Marks**

### **Question 4**

Citing examples, outline how the circumstances present barriers to obtaining or understanding information or to access resources offered before, during and after a disaster event:

a) Age **12 Marks**

b) Culture **13 Marks**

### **Question 5**

Disasters can be either natural or man-made, citing examples outline the health consequences of disasters.

**25 Marks**

**END OF PAPER**