



“Investing in Africa’s future”
COLLEGE OF HEALTH, AGRICULTURE & NATURAL SCIENCES
NSNS305: COMMUNICATION AND COUNSELING SKILLS
END OF SECOND SEMESTER FINAL EXAMINATIONS
APRIL/MAY 2022
LECTURERS: DR, S CHITUKU
DURATION: 3 HRS

INSTRUCTIONS

You are required to answer questions as instructed below

Answer **ANY FOUR (4)** questions in this paper

Credit will be awarded for logical, systematic and neat presentations

QUESTION 1

- a. Define following terms:
 - i) Empathy (2)
 - ii) Violence (2)
 - iii) Depression (2)
 - iv) Adaptation (2)
 - v) Phobia (2)
- b. Define Counseling and discuss its different principles (15)

QUESTION 2

Write a detailed description of the following:

- a. Person/Client-Centered counseling. (10)
- b. Enumerate the different types of communication patterns and its applications in detail with life examples. (15)

QUESTION 3

- a. Describe the important steps in Group counseling (10)
- b. Communication is the key success to all walks of life. Describe the benefits of communication with the use of the following:
 - i. Written communication (8)
 - ii. Oral communication (7)

QUESTION 4

- a. What do you know about Group Counseling. (15)
- b. List down the key factors to be considered in gestures in a communication. (10)

QUESTION 5

- a. What are the qualities of a good counsellor? (10)
- b. What are all the different types of non-verbal communication forms available. (15)

End of Paper