



***“Investing in Africa’s future”***  
**COLLEGE OF HEALTH, AGRICULTURE & NATURAL SCIENCES**  
**NSNS305: COMMUNICATION AND COUNSELING SKILLS**  
**END OF SECOND SEMESTER FINAL EXAMINATIONS**  
**JULY 2022**  
**LECTURERS: DR, S CHITUKU**  
**DURATION: 3 HRS**

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**INSTRUCTIONS**

You are required to answer questions as instructed below

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Answer **ANY FOUR (4)** questions in this paper

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Credit will be awarded for logical, systematic and neat presentations

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### **QUESTION 1**

- i. What are the advantages of providing group counselling?  
Explain (15)
- ii. The seven Cs of communication (15)

### **QUESTION 2**

- i. What are the qualities of a good counsellor? (10)
- ii. What are all the different types of non-verbal communication forms available. (10)

### **QUESTION 3**

- i. Discuss the barriers to communication. Explain the way in which overcoming the barriers in a successful manner.
- ii. How we can explain counseling, also discuss its different techniques. (10)

### **QUESTION 4**

- i. How we can explain counseling, also discuss its different techniques. (10)
- ii. Enumerate the different types of communication patterns and its applications in detail with life examples. (15)

### **QUESTION 5**

- i. What are the effects of culture on counseling, argue with special reference to African cultures? (15)
- ii. What is the importance of minutes in communication? (10)

**End of Paper**