



*"Investing in Africa's Future"*

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES AND EDUCATION**

**HPS446 PSYCHOLOGY OF TRAUMA AND HUMANITARIAN INTERVENTION**

**END OF SECOND SEMESTER EXAMINATIONS**

**APRIL/MAY 2017**

**LECTURER: DR. R. PARSONS**

**DURATION: 3 HRS**

***INSTRUCTIONS***

1. Do NOT write your name on the answer sheet.
2. Answer any three questions.
3. Illustrate all answers with original examples.
4. Begin your answer for each question on a new page.
5. Each question carries 20 marks.
6. Credit is given for neat, well-written and lucid work.

## HPS446 PSYCHOLOGY OF TRAUMA AND HUMANITARIAN INTERVENTION

Each essay will be marked according to the following criteria: logic and clarity, grasp of theory(s), evidence of reading, and critical thinking.

### Question 1

What is Post Traumatic Stress Disorder (PTSD) and how did it develop in contemporary psychology?

### Question 2

Consider the nature of avoidance and arousal in our understanding of psychological trauma.

### Question 3

Giving one example of trauma from your own experience, discuss how trauma manifests in human psychology.

### Question 4

Large scale humanitarian crises have given rise to a broad understanding of trauma as common shock. Discuss.

### Question 5

Outline the nature of the Holocaust and discuss how it impacted our understanding of psychological trauma.

### Question 6

Africa has seen a number of major humanitarian crises in recent years. Choose one and discuss how it may have led to widespread trauma.

**End of Paper**