



"Investing in Africa's Future"

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY,
HUMANITIES AND EDUCATION
DEPARTMENT OF SOCIAL SCIENCES**

**HPS 447 PSYCHOLOGY OF HEALTH
END OF SECOND SEMESTER EXAMINATIONS**

APRIL/MAY 2017

LECTURER: MR L MAUNGANIDZE

DURATION: (3 HRS)

INSTRUCTIONS

1. Do not write your name on the answer sheet.

2. Use answer sheets provided.

3. Question 1 is compulsory.
4. Answer two questions from Section B.
5. Credit will be given for illustrations and examples.

SECTION A

QUESTION 1

- (a) Examine the concept "health." (4 marks)
- (b) Explain the medical model of Health. (4 marks)
- (c) Outline one example of promoting health in either schools or worksites. (4 marks)
- (d) Evaluate the focus of health psychology. (4 marks)
- (e) State the components of the context of health. (4 marks)

SECTION B

QUESTION 2

Unhealthy behaviours or life style choices are related to many serious health problems.
Discuss (20 marks)

QUESTION 3

Analyse the biopsychosocial model of health psychology, using the example of stress. (20 marks)

QUESTION 4

Assess the ways in which health psychologists contribute to illness prevention efforts. (20 marks)

QUESTION 5

As a student in a health psychology course, you may have been contemplating a career in this discipline. Using information you have gained from the course, discuss the challenges of a career in Health Psychology. (20 marks)

END OF PAPER