



**COLLEGE OF SOCIAL SCIENCES, THEOLOGY,  
HUMANITIES AND EDUCATION**

**NHPS447 HEALTH PSYCHOLOGY**

**END OF SECOND SEMESTER EXAMINATIONS**

**MAY 2020**

**LECTURER: DR M J GOHWA KAPESA**

**DURATION: WITHIN 48 HOURS**

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***INSTRUCTIONS***

1. Do NOT write your name on the answer sheet.
2. Answer One question from the Three questions
3. Each question is worth a total of 100 marks.
4. Credit is given for neat, well written and lucid work.

1. Covid 19 has become a global pandemic. Examine the Health Belief Model and apply it in helping an African community to promote health behaviors in the midst of Covid 19.
2. Choose a health condition of your choice and analyse the process of helping a client to manage the condition using any one health theoretical model discussed in this course.
3. After Cyclone Idai, Henry suffered from Post-Traumatic Stress Disorder. As a Health Psychologist you have been tasked to help Henry. Design an intervention programme that would help Henry to cope with the Post traumatic stress disorder using your knowledge on this disorder.

**END OF PAPER**