



AFRICA
UNIVERSITY
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"Investing in Africa's Future"

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES AND
EDUCATION**

NHSW 213 SOCIAL AND EMOTIONAL INTELLIGENCE

END OF SEMESTER EXAMINATION

NOVEMBER 2019

LECTURER: MRS WINI DARI

DURATION: 3 HRS

INSTRUCTIONS

1. Do NOT write your name on the answer sheet.
2. Answer ALL questions in Section A and **ONE** in Section B.
3. Begin your answer for each question on a new page.
4. Credit will be given for neat, well-written and lucid work.

Section A: Answer all Questions

Question 1

- a) Distinguish between primary and secondary emotions (2)
- b) Discuss the difference between cognitive and physiological theories of emotions (2)
- c) Define an emotion (4)
- d) List the basic components of an emotion (4)
- e) Distinguish between the category of emotion and variety of emotions (4)
- f) Differentiate between ability model of intelligence and trait model of intelligence (4)

Question 2

- a) Which theory of emotion was borne out of disagreement with the James Lange Theory of emotion? (1)
- b) List two professional benefits of emotional intelligence. (2)
- c) Define emotional intelligence using the Mayer and Salovey (1997) theory of emotional intelligence (4)
- d) Summarise the concept of “amygdala hijack” (5)
- e) Distinguish the domains of emotional intelligence and their respective factors according to Golemans theory of emotional intelligence (8)

Section B: Answer one Question

1. “The jury is still out as to whether or not there is a scientifically meaningful concept of emotional intelligence” (S. Epstein). Discuss the arguments among members of the Jury as they try to come up with a verdict concerning the concept of emotional intelligence. **(20 marks)**.
 2. Discuss whether emotional intelligence can be used to characterize culturally diverse populations. **(20marks)**
 3. There is a restructuring exercise on the courses to be undertaken in the Bachelor of Social work Programme. There has been a proposal to remove NHSW213 (Social and Emotional Intelligence) as one of the courses. You have been tasked to write a report on behalf of the class discussing the importance of studying a course on Social and Emotional Intelligence in the Bachelor of Social Work Programme. **(20 marks)**
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