

## "Investing in Africa's Future"

## **Faculty of Humanities and Social Sciences**

COURSE CODE HPS242

COURSE TITLE COMMUNITY PSYCHOLOGY

DATE OF EXAMINATION NOVEMBER/DECEMBER

TIME 3 HOURS

EXAMINER MRS C MADZIWA

# INSTRUCTIONS

- 1 Do NOT write your name on the answer sheet
- 2 Use the answer sheet provided
- 3 Answer all questions in Section A and any TWO in Section B

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#### Section A

#### Answer all questions

#### Question 1

- i) Define community psychology (2 marks)
- ii) Why is community psychology referred to as multidisciplinary (2 marks)
- Give examples of organizations that a community psychologist can network with (2 marks)
- Explain why the role of community psychologist demanding compared to other areas like clinical and educational (2 marks)
- v) Briefly discuss empowerment is in community psychology (2 marks)
- vi) Discuss why advocacy is important in community psychology (2 marks)
- vii) Explain what Emory Cowen and Saymour Sarason focused on in community psychology (4 marks)
- viii) Why is equitable distribution of resources difficult to attain as desired by community psychologists (6 marks)
- Give 2 examples of changes a community psychologist can make in a community (2 marks)

#### Section B

#### Answer two questions

#### Question 2

Discuss in detail three theories in community psychology and how they are linked to the discipline (20 marks)

### Question 3

Design a program to empower adolescents who are engaging in drugs, give an outline of the content you would cover (20 marks)

#### Question 4

Prevention is better than cure in community psychology discuss the relevance and application of the statement in community psychology (20 marks)

#### Question 5

Sound mental health through stress management and resilience are the major goals of community psychology explain how this can be attained in view of challenges like poverty and unemployment (20 marks)