



"Investing in Africa's Future"

FACULTY OF HUMANITIES AND SOCIAL SCIENCES

**Child and Family Development Theory
MCFS 503**

END OF FIRST SEMESTER EXAMINATIONS

NOVEMBER/DECEMBER 2016

LECTURER: Dr. Mazvita Machinga Ph. D.

DURATION: 3HRS

INSTRUCTIONS

Answer any three (3) Questions

Start each Question on a fresh page

Write clearly and legibly

- 1) You have been asked to come up with a prevention program that will enhance child development within your community. In your programming describe what constitutes prenatal development, why prenatal developmental phase is key to child development and why it is important to lessen maternal stress during this period (20points).
 - 2) Explain how the various controversies in child development make developmentalists see things in very different ways and in which ways does understanding of these controversies enhance your job as a child care practitioner (20points).
 - 3) Consider three classic perspectives of child development that you have learned in this course and explain how these perspectives' viewpoints inform your work with children that have developmental challenges (20points).
 - 4) From your readings of child development and considering your workplace, discuss the extent to which Mary Ainsworth's attachment theory shapes the way you understand child development. Highlight the various aspects of caregiving that promote secure attachment (20 points).
 - 5) Referencing to the videos you observed on emotional development , discuss the course of children's social and emotional development from birth through adolescence, and the role that parents play in that development. Focus specifically on the development of emotional regulation and expression (20points).
 - 6) Family is referred to as an embedded system. Using the knowledge from readings think about the ecological niche that families create, and discuss two other systems in which the families are embedded that you see as crucial in shaping the nature of a child's development. What are the transactions that exist between these external systems, the familial system, and the developing child? (20points).
 - 7) There are various factors that contribute to violent and aggressive behavior. Discuss? Answer this question considering theories of aggression, child- rearing practices, and biological influences on aggression end your discussion by highlighting ways of controlling aggression in developing children (20 points).
-