



“Investing in Africa’s future”

**COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES
(CHANS)**

DEPARTMENT OF PUBLIC HEALTH AND NURSING

NSHS 117: HEALTH PROMOTION AND CARE OF THE VULNERABLE (BHSM)

END OF SECOND SEMESTER FINAL EXAMINATIONS

APRIL/MAY 2023

LECTURER: Dr. V. K. CHIKANYA

DURATION: 3 HRS

INSTRUCTIONS

Answer **any four (4)** questions

All questions carry equal marks (25).

DO NOT repeat material.

Write legibly

Question 1

Citing examples, outline the activities that the family provides in promoting and protecting the health of its members.

25 Marks**Question 2**

Disasters can either be natural or man –made, citing examples describe the disaster management cycle.

25 Marks**Question 3**

Food is essential for energy production, building new body cells and protecting the body from diseases. Citing examples, outline the foods that contain the six (6) nutrients.

25 Marks**Question 4**

Citing examples, outline any two (2) possible causes of vulnerability of abused children at individual level.

25 Marks**Question 5**

a) Define a refugee

5 Marks

b) Citing examples, outline any five (5) major causes of refugees

20 Marks**END OF PAPER**