



*"Investing in Africa's Future"*

**COLLEGE OF HEALTH, AGRICULTURE AND NATURAL  
SCIENCES**

**SNS 305 COMMUNICATION AND COUNSELING SKILLS**

**END OF SEMESTER EXAMINATIONS**

**NOVEMBER/DECEMBER 2017**

**LECTURER: S GWAZE**

**DURATION: 3 HRS**

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***INSTRUCTIONS***

ANSWER ANY THREE (3) QUESTIONS

The mark allocation for each question is indicated at the end of the question

Credit will be given for logical, systematic and neat presentation



- 1 Discuss, giving relevant examples, the major components of a counselor's job description  
(20 marks)
- 2 Discuss, stating their relevance, any 10 characteristics/ qualities of an effective counselor  
(20 marks)
- 3 a, Describe the Physiological, Psychological and Behavioral warning signs of stress  
(10 marks)  
  
b, Discuss personal change strategies that can be implemented in an effort to reduce stress  
(10 marks)
- 4 Describe how a health care provider would counsel a client who has been referred to you after attempting to commit suicide for the third time  
(20 marks)

END OF EXAMINATION