

"Investing in Africa's future"

# COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES

# NSNS 415: MATERNAL HEALTH END OF SECOND SEMESTER FINAL EXAMINATIONS

APRIL/MAY 2019

LECTURER: Mrs. Chituku S

**DURATION: 3 HRS** 

# **INSTRUCTIONS**

Answer any FIVE questions

All questions carry equal marks (20).

DO NOT repeat material.

Write legibly.

# Question 1

- a. With reference to ethical issues discuss how you would assist a 20 year old woman who seek to terminate an eight week unplanned pregnancy (10)
- b. Discuss the challenges met by midwives in the provision of maternal care. (10)

#### Question 2

The nursing diagnoses reflect the potential problems that can affect the newborn baby. Formulated three nursing diagnoses related to this and describe the interventions to be implemented by the midwife. (20)

### Question 3

Identify four nursing diagnoses emanating from the physiological changes that occur in the renal and endocrine system and explain how they affect the pregnant woman. (20)

#### Question 4

- a. Outline maternal conditions that are risk factors to foetal health. (8)
- b. Describe the methods used to assess foetal well-being. (12)

## Question 5

- a. Draw and label the structure of the uterus (5)
- b. Describe the nursing care of a client in labour. (15)

## Question 6

- a. Define the term family planning. (2)
- b. Outline the benefits of family planning to the individual, family and community. (14)
- c. State four common family planning services. (4)