



“Investing in Africa’s Future”

COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES

**NSHS 117 HEALTH PROMOTION & CARE OF VULNERABLE
POPULATIONS**

END OF SECOND SEMESTER EXAMINATIONS

JANUARY/JUNE 2021

LECTURER: MS. E.M. CHADAMBUKA

DURATION: 7 HOURS

INSTRUCTIONS

ANSWER ANY ONE QUESTION

PLEASE STICK TO THE STANDARD HOUSE STYLE i.e.

- TIMES NEW ROMAN
 - FONT SIZE 12
 - DOUBLE SPACING
 - APA REFERENCING
 - SEND YOUR ANSWER AS A MICROSOFT WORD DOCUMENT
-

**THE MARK ALLOCATION FOR EACH QUESTION IS
INDICATED AT THE END OF THE QUESTION**

CREDIT WILL BE GIVEN FOR LOGICAL, SYSTEMATIC AND

QUESTION 1

- a) There are certain behaviours that are recommended for the prevention and control of COVID-19
- i. Explain the rationale for the three most important behaviours (15marks)
 - ii. Use the Health Belief Model to illustrate how the model can be used to encourage people to adopt these behaviours. (35marks)
- b) Describe the **background, levels of vulnerability, and recommendations** for the following vulnerable populations
- i. Street Children (30 marks)
 - ii. Physically Disabled people (20 marks)

QUESTION 2

- a) Outline the role of the family in health promotion using the following guidelines
- i. Use of Professional services
 - ii. Risk behaviour avoidance
 - iii. Self-Care in Chronic illness
 - iv. Life-Style changes
- (50 marks)
- b) People with mental and physical handicaps are not very visible in society. Describe how the issue of the physically and mentally challenged is dealt with in your country. In your answer, give suggestions on how the situation of this group of people can be improved. (50 marks)

QUESTION 3

- a) For an identified health problem, discuss how you can use the following tools in health promotion, in relation to the identified problem
- i. Policy communication
 - ii. Mass media
- (50 marks)
- b) Refugees and internally displaced people (IDPs) fall into a special category of vulnerable populations with a high prevalence in the African region:
- i. Explain the differences between refugees and internally displaced people (10 marks)
 - ii. Describe the health risks that refugees in a refugee camp are confronted with and in your own words, explain how any one international body that is a member of the Inter-Agency Standing Committee deals with some of the problems of this vulnerable group. (40 marks)

END OF PAPER