



*“Investing in Africa’s future”*

**COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES**

**NSNS 423: MATERNAL HEALTH**

**END OF SECOND SEMESTER FINAL EXAMINATIONS**

**APRIL/MAY 2021**

**LECTURER: Mrs Chituku S**

**DURATION: 7 HRS**

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**INSTRUCTIONS**

Answer any **ONE** question

All questions carry equal marks (100).

DO NOT repeat material.

Submit via **Moodle** in pdf form

**Question 1**

- i. a. With reference to ethical issues discuss how you would assist a 20 year old woman who seek to terminate an eight week unplanned pregnancy (15)  
b. Discuss the challenges met by midwives in the provision of maternal care of such cases.. (10)
- ii. Formulated three nursing diagnoses related to management of first stage of labour and describe the interventions to be implemented by the midwife. (25)
- iii. Outline maternal conditions that are risk factors to foetal health. (10)

Describe the methods used to assess foetal well-being born to a mother with gestational diabetes. (15)

- iv. A 12 year old girl comes to the health centre for family planning advice. Outline the information to be included in counseling this girl. (25)

### Question 2

- i. Identify four nursing diagnoses emanating from the physiological changes that occur in the renal and endocrine system and explain how they affect the pregnant woman. (25)
- ii. Discuss Maslow's hierarchy of needs in relation to antenatal care. (25)
- iii. With reference to your community discuss some cultural practices that impact on pregnancy (25)
- iv. . Explain the importance of the examination carried out on a newborn baby. (25)

### Question 3

- i. Describe the nursing process stages of as applied to maternal health care (25)
- ii. The partograph is a validated and useful tool in child labour monitoring for positive maternal child birth outcome. Despite this fact, partograph utilisation during labour process has left a lot to be desired. What acts of commission and omissions have been associated with partograph use and its implication on maternal health? (25)
- iii. Maternal morbidity and mortality have become a hindrance towards achieving safe motherhood. Currently in Zimbabwe, the maternal mortality rate is at 614/ 100 000 live births which is quite an alarming figure due to the three delays. In view of the above, what strategies can you propose to address each of the delay attributing to maternal mortality of mortality? (25)
- iv. You have been newly appointed as a reproductive health coordinator in your district. One of your thrust is to improve child health services.
  - a. What strategies can you put in place to prevent girl child marriages? (15)
  - b. How would you would you advocate for improved nutrition for the girl child? (10)