



**AFRICA**  
**UNIVERSITY**  
A United Methodist-Related Institution

*"Investing in Africa's Future"*

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES  
AND EDUCATION**

**NHSW 213 SOCIAL AND EMOTIONAL INTELLIGENCE**

**SUPPLEMENTARY EXAMINATION**

**AUGUST 2019**

**LECTURER: MRS WINI DARI**

**DURATION: 3 HRS**

---

---

***INSTRUCTIONS***

1. Do NOT write your name on the answer sheet.
2. Answer any three questions.
3. Begin your answer for each question on a new page.
4. Credit will be given for neat, well-written and lucid work.



### Question 1

- a) Discuss any three theories of social and emotional intelligence (10)
- b) Explain how emotional intelligence can be used to prevent conflict (5)
- c) Summarise the concept of “amygdala hijack” (5)

### Question 2

- a) Explain with examples the three categories for the theory of emotions (6)
- b) Draw the Johari Window and clearly label its four regions with a brief explanation of what is represented by each region. (8)
- c) Explain the social awareness concept in Daniel Goleman’s emotional intelligence quadrant.(4)
- d) Distinguish between primary and secondary emotions. (2)

### Question 3

- a) Compare and Contrast James-Lange’s Theory of Emotion with the Cannon-Bard Theory of Emotion. (10)
- b) Discuss Gardner’s theory of multiple intelligence (10)

### Question 4

- a) Differentiate between ability model of intelligence and trait model of intelligence (5)
- b) “Emotional intelligence testing is invalid and unreliable in diverse culturally settings”. Comment (10)
- c) Outline the criticism labelled against theories and concept of emotional intelligent. (5)

### Question 5

- a) Explain the five personality characteristics (10)
  - b) Briefly describe how personality influences emotional intelligence. (5)
  - c) Discuss how personality disorders affect emotional intelligence (5)
-