



**COLLEGE OF SOCIAL SCIENCES, THEOLOGY,  
HUMANITIES AND EDUCATION**

**NHPS442 THE PSYCHOLOGY OF FAMILY PROCESSES AND DYNAMICS**

**END OF FIRST SEMESTER EXAMINATIONS**

**APRIL/MAY 2019**

**LECTURER: DR M J GOHWA KAPESA**

**DURATION: 3 HRS**

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***INSTRUCTIONS***

Do NOT write your name on the answer sheet.

Answer any THREE questions

Begin your answer for each question on a new page.

Each question carries 20 marks.

Illustrate all answers with original examples.



1. Evaluate ONE systemic counseling approach that can be used to assist families in distress.
  2. Examine Hill's ABCX Model on how families deal with stressful experiences in their lives. Illustrate your answer with original examples.
  3. Discuss the process of building resilience in children.
  4. Critically analyze the process of bereavement counseling for families.
  5. Evaluate Ungar's ecological model of resilience building illustrating its practical application in African contexts.
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