



**AFRICA
UNIVERSITY**

A United Methodist-Related Institution

"Investing in Africa's Future"

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES
AND EDUCATION**

NHPS 246: PSYCHOLOGY OF COUNSELING

END OF SECOND SEMESTER EXAMINATIONS

APRIL/MAY 2019

LECTURER: DR MAZVITA MACHINGA

DURATION: 3 HRS

INSTRUCTIONS

1. Do NOT write your name on the answer sheet.
2. Answer **three** questions.
3. Begin your answer for each question on a new page.
4. Each question is worth a total of **20** marks.
5. Credit will be given for neat, well-written and lucid work.

1. a. Giving examples, discuss the influence of psychology on the practice of counseling (10)
b. Discuss the ethical and legal issues for the practice of counseling (10)
 2. "The question whether counselling is an art or a science is a controversial topic among scholars and students". Discuss.
 3. Using a case study, identify two theories of psychology and explain how these would inform your counseling.
 4. a. Compare and contrast guidance and counseling (10)
b. Using an example of a case study of your choice, describe the three domains of functioning highlighting the counselor's role (10)
 5. Andrew was neglected by his father but experiences resentful feelings towards his therapist later in life. This behavior is associated with a defense mechanism. Discuss the six defense mechanisms and how these inform your response as a social worker.
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