



**AFRICA**  
**UNIVERSITY**  
A United Methodist-Related Institution

*"Investing in Africa's Future"*

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES AND  
EDUCATION**

**HPS 426 ETHICS AND TECHNIQUES IN COUNSELLING**

**END OF SECOND SEMESTER EXAMINATIONS**

**APRIL/MAY 2019**

**LECTURER: MRS. C. MADZIWA**

**DURATION: 3 HRS**

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***INSTRUCTIONS***

1. Do NOT write your name on the answer sheet.
2. Question 1 is compulsory.
3. Answer any two questions in Section B.
4. Begin your answer for each question on a new page.
5. Credit will be given for neat, well-written and lucid work.



## **Section A**

### **Question 1**

- i) What is the similarity between ethics and law? (2 marks)
- ii) Use examples to define what ethical dilemma is (3 marks)
- iii) Imagine you are joining with an adolescent who is physically challenged and is being discriminated against in the community. Describe what you would do in the first stage of your encounter (5 marks)
- iv) Describe four examples of expressive techniques in counseling (4 marks)
- v) List four stages of counseling (2 marks)
- vi) Give three examples of ethical violations (3 marks)

## **Section B**

### **Question 2**

Imagine a terminally ill client (stage 4 cancer). Draft an intake form that you would give. Describe the counseling techniques that you would use in the sessions.

### **Question 3**

Analyse in detail as many ethical standards as possible for professional counselors and assess the challenges that counselors face in trying to adhere to them.

### **Question 4**

Examine the ethical issues in counseling testing where psychometric tests are administered to determine severity of problem. Using examples, discuss if these tests are justified, especially when they are not local.

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