



***"Investing in Africa's Future"***

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES AND  
EDUCATION**

**NHPS 140 INTRODUCTION TO PSYCHOLOGY**

**END OF FIRST SEMESTER EXAMINATIONS**

**JANUARY 2024**

**LECTURERS: DR. M. KWEMBEYA**

**DURATION: 3 HOURS**

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***INSTRUCTIONS***

1. Do NOT write your name on the answer sheet.
2. Answer Three questions.
3. Begin your answer for each part of the question on a new page e.g.  
a), b) and c).
4. Each question is worth 20 marks.



1. There has been an increase of substance and drug abuse especially among the adolescents. How can you assist the adolescents to deal with the problem using the social learning theory?
2. Imagine that you been hired as a peer educator to assist the students at a certain institution of higher learning to deal with the problem of suicide ideation. Draft an intervention strategy that you can use to assist the students.
3. Your class visits a rehabilitation centre for young offenders and found that most of them use defence mechanisms. With the aid of relevant examples, explain any four defence mechanisms used by these offenders.
4. Critically evaluate the relevance of Multicultural counselling in a multi-racial society.
5. Social media can be used either as a tool of social fabric disintegration or coherence. Discuss.