



"Investing in Africa's Future"

COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES

DEPARTMENT OF PUBLIC HEALTH AND NURSING

NPSH 140 INTRODUCTIONS TO PSYCHOLOGY (BSN)

SPECIAL EXAMINATIONS

AUGUST 2023

LECTURER: DR. S CHITUKU

DURATION: (3 HRS)

INSTRUCTIONS

Answer **ANY 4** questions

The mark allocation for each question is indicated at the end of the question

Question 1

Define psychological disorders and its major categories. Discuss major therapeutic techniques used by the clinical psychologists for the treatment of psychological disorders. (25)

Question 2

Explain the relationship between learning and memory. Identify the role of reinforcement, extinction and conditioned stimuli in the context of classical conditioning. (25)

Question 3

Define abnormal behaviour and describe possible psychological treatment used to treat anxiety or personality disorder in patients. (25)

Question 4

What is motivation? Explain the Maslow's hierarchy of needs thought on motivation. (25)

Question 5

- a. Explain how classical conditioning produces behaviour change. (15)
- b. Give three characteristics of operant conditioning that help explain aggression. (10)

END OF PAPER