



“Investing in Africa’s future”

COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES (CHANS)

DEPARTMENT OF PUBLIC HEALTH AND NURSING

NHPS 140 PSYCHOLOGY FOR HEALTH SCIENCES

END OF SECOND SEMESTER FINAL EXAMINATIONS

APRIL/MAY 2025

LECTURER: Dr G. DANDA

DURATION: 3 HRS

INSTRUCTIONS

ANSWER ALL QUESTIONS IN SECTION A AND ANY
THREE QUESTIONS IN SECTION B

Marks allocated for each question is shown at the end of each
question

Credit will be awarded for logical, systematic and neat presentation.

SECTION A: ANSWER ALL QUESTIONS (40 MARKS)

- a) Explain the purposes of defence mechanisms (5 marks)
- b) Identify the defence mechanisms from the following statements:
 - i) A person acts cold and uncaring towards a spouse's friend whom strong sexual feelings are felt (2 marks)
 - ii) A man is harassed by his boss and when he gets home, he shouts at his wife and kids (2 marks)
 - iii) A three-year-old who had been successfully toilet trained starts soiling his pants and baby talking with birth of a sibling (2 marks)
 - iv) The woman who has failed to conceive becomes founder of various orphanages (2 marks)
 - v) An aggressive student joins boxing to rechannel his aggressive impulses into socially acceptable behaviour (2 marks)
 - vi) One experiences sudden blindness after witnessing a fatal accident (2 marks)
 - vii) A man shouts at his wife in the morning and on his way from work, buys her flowers (2 marks)
- c) Analyse and use examples for the following defence mechanisms:
 - i) Identification (2 marks)
 - ii) Suppression (2 marks)
 - iii) Denial (2 marks)
- d) Explain five factors influencing social development in adolescence. (10 marks)
- e) Apply Maslow's theory in nursing (5 marks)

SECTION B: ANSWER ANY THREE QUESTIONS (60 MARKS)**QUESTION 1**

- a) Critique Robert Havighurst's developmental task theory (10 marks)
- b) Critique Piaget's cognitive theory (10 marks)

QUESTION 2

Discuss motivation and its application to students in class (20 marks)

QUESTION 3

Using the five factor model of personality development. Discuss how a nurse can apply it professionally (20 marks)

QUESTION 4

A young couple approaches you for counselling. They have a one-year-old child who has severe tantrums. Apply classical and operant conditioning in your counselling approach (20 marks)

END OF EXAMINATION