



COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES & EDUCATION

NHPS424: Unique Groups in Counselling

END OF FIRST SEMESTER EXAMINATIONS

NOVEMBER/DECEMBER 2025

LECTURER: Dr. Eberhardt Ngugi Shemsanga

DURATION: 3 HOURS

INSTRUCTIONS

1. This paper contains **TWO** sections (Section A and Section B).
2. Section A is **COMPULSORY**.
3. Answer **ANY TWO (2) questions** from Section B.
4. Start each question on a new page in your booklet.
5. Credit will be awarded for logical, systematic and neat presentation
6. Do not repeat material.

SECTION A: COMPULSORY

INSTRUCTION: *Answer Question 1.*

Question 1

“Sub-Saharan Africa remains the Region most heavily affected by HIV, with people living with HIV, newly infected people, and death cases”. Discuss five reasons in support of this statement.

[40 marks]

SECTION B

INSTRUCTION: *Answer ANY TWO (2) questions.*

Question 2

Discuss the impact of discrimination and prejudice on the mental well-being of gay and lesbian individuals. How can a therapist help clients navigate these challenges and build resilience?

[30 marks]

Question 3

What specific knowledge, skills, and attitudes must a counsellor possess to effectively and ethically work with gay and lesbian clients?

[30 marks]

Question 4

Evaluate the challenges and ethical considerations in providing counselling to displaced populations, particularly concerning access to services, confidentiality, and the importance of creating a safe and secure environment for clients.

[30 marks]

Question 5

Discuss the specific ethical issues that arise when counselling children and families, particularly those experiencing divorce.

[30 marks]

END OF PAPER