



"Investing in Africa's Future"

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY,
HUMANITIES AND EDUCATION**

NHPS424 UNIQUE GROUPS IN COUNSELLING

END OF FIRST SEMESTER EXAMINATION

NOVEMBER 2024

LECTURER: DR M KWEMBEYA

DURATION: 3 HOURS

INSTRUCTIONS

1. Do NOT write your name on the answer sheet.
2. Answer three questions.
3. Begin your answer for each part of the question on a new page e.g. a), b) and c).
4. Each question is worth a total of 20 marks.
5. Credit is given for neat, well-written and lucid work.

1. In counselling a young woman facing terminal cancer, what key issues might she encounter, and what coping strategies can be employed to support her emotional and psychological well-being?
2. Assess the effectiveness of the Multicultural Counselling Approach in addressing the diverse needs of clients from various cultural backgrounds, and discuss its implications for therapeutic practice
3. Analyze the relevance of ethical techniques and skills used when observing, interviewing and evaluating children's behaviour in the field of psychology.
4. Evaluate strategies and support you can provide to a widow coping with the grief of losing her child in a road accident?
5. Evaluate the relevance and effectiveness of the Psychoanalytic counselling approach in addressing psychological issues within the African context, considering cultural beliefs and practices.

END OF PAPER