"Investing in Africa's Future"

COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES

DEPARTMENT OF PUBLIC HEALTH AND NURSING

AUNS 302: MENTAL HEALTH AND PSYCHIATRY

END OF FIRST SEMESTER EXAMINATIONS

NOV/DEC 2025

LECTURER: DR G DANDA

DURATION: 3 HOURS

INSTRUCTIONS

ANSWER **ANY FOUR (4)** QUESTIONS

THE MARK ALLOCATION FOR EACH QUESTION IS INDICATED AT THE END OF THE QUESTION

CREDIT WILL BE GIVEN FOR LOGICAL, SYSTEMATIC, AND NEAT PRESENTATION

Question 1
   a) Analyse five main roles of a psychiatric nurse. (10marks)
   b) What are some common therapeutic techniques used in psychiatric nursing? (10marks)
   c) State any five of the many groups of disorders covered in the *DSM-5-TR*. (5marks)

Question 2
   a) Discuss five important ethical and legal considerations in psychiatric nursing. (10marks)
   b) Explain five examples of nursing interventions for specific mental health conditions.((10marks)
   c) Examine five factors to be considered on application for a reception order of a psychiatric patient to a psychiatric institution. (5marks)

Question 3
   a) Describe four positive signs of schizophrenia and key drug management. (10marks)
   b) A client presents with the belief that they are married to Prince Harry. Discuss the nursing diagnosis and management of this client. (10marks)
   c) Explain four adverse effects of antipsychotic drugs. (5marks)

Question 4
   a) Examine four aetiological factors of Obsessive Compulsive Disorder (OCD). (10marks)
   b) Discuss three therapeutic approaches used in the management of OCD. (9marks)
   c) Analyse three (3) complications of OCD. (6marks)

Question 5
   a) Define alcohol use disorder (AUD) according to DSM-5-TR, elaborating five of the key manifestations leading to the diagnosis. (12marks)
   b) Discuss the nursing management of a client with AUD, guided by two nursing diagnoses related to injury and nutrition. (8marks)
   c) Explain five (5) complications associated with opioid use disorder (OUD). (5marks)

END OF EXAMINATION