



***"Investing in Africa's future"***

**COLLEGE OF HEALTH, AGRICULTURE & NATURAL SCIENCES**

**DEPARTMENT OF PUBLIC HEALTH AND NURSING**

**NSNS 307: FOUNDATIONS OF NURSING**

**END OF FIRST SEMESTER EXAMINATION**

**NOVEMBER/DECEMBER 2025**

**LECTURER: DR S CHITUKU**

**DURATION: 3 HRS**

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**INSTRUCTIONS**

You are required to answer questions as instructed  
below

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Answer **ANY FOUR (4)** questions in this paper

### **Question 1**

- a. Define the term *nursing* and explain its role in promoting health and well-being. [8]
- b. Describe two key principles of patient-centered care and how they influence nursing practice. [10]
- c. Explain how ethical considerations impact decision-making in nursing care. [7]

### **Question 2**

- a. Discuss patient autonomy and explain its importance in nursing care. [7]
- b. Describe one situation where a nurse must balance patient autonomy with clinical judgment. [8]
- c. Outline the legal implications of ignoring patient autonomy in practice. [10]

### **Question 3**

- a. Describe key legal responsibilities of nurses in clinical settings. [10]
- b. Explain how documentation supports legal accountability in nursing. [8]
- c. Describe the consequences of breaching legal duties in nursing practice. [7]

### **Question 4**

A 30-year-old man is admitted in the ward with Hypertension.

Outline the importance of knowledge of the four main concepts of the nursing practice in the management of this patient. [25]

### **Question 5**

Describe how a nurse manager can install a quality assurance plan and how quality assurance can be implemented. [25]