



“Investing in Africa’s Future”

COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES
DEPARTMENT OF PUBLIC HEALTH AND NURSING
NSNS 315: COMMUNITY HEALTH NURSING AND HEALTH PROMOTION
END OF FIRST SEMESTER FINAL EXAMINATIONS
NOVEMBER/DECEMBER 2025
LECTURER: Dr V. K. CHIKANYA
DURATION: 3 HOURS

INSTRUCTIONS

Answer any **four (4)** questions

THE MARK ALLOCATION FOR EACH QUESTION IS
INDICATED AT THE END OF THE QUESTION

CREDIT WILL BE GIVEN FOR LOGICAL,
SYSTEMATIC, AND NEAT PRESENTATION

Question 1

Outline factors that make community health nursing unique from other nursing disciplines.

25 Marks

Question 2

During the Post-independence era several measures, which included establishment of four (4) levels of care, were implemented to address the inequalities in the health care system.

- a) Describe the levels of care in the health system within which the Community Health Nurse operates. **16 Marks**
- b) Describe three measures that were implemented during the post-independence era to address the inequalities in the health care system. **9 Marks**

Question 3

- a) Discuss the clinical role of a Community Health Nurse. **16 Marks**
- b) Outline the Providers of health care services that the Community Health Nurse interacts with during the execution of duties. **9 Marks**

Question 4

Community Health nurses are guided by the Primary Health care approach as they provide their services.

- a) What is Primary Health Care? **1 Mark**
- b) State the main aims of Primary Health Care **6 Marks**
- c) Describe how the Principles of Primary Health care can be applied in Community Health Nursing. **18 Marks**

Question 5

- a) Define health promotion **1 Mark**
- b) What four (4) activities are provided by the family regarding use of Professional services? **8 Marks**
- c) Outline any eight (8) healthy lifestyle measures that a Community Health Nurse may implement to promote the health community she/he serves. **16 Marks**

END OF PAPER