



*“Investing in Africa’s Future”*

**COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES**

**DEPARTMENT OF PUBLIC HEALTH AND NURSING**

**NSNS 401: INTRODUCTION TO EPIDEMIOLOGY, BIostatISTICS AND  
HEALTH INFORMATICS**

**END OF FIRST SEMESTER EXAMINATIONS**

**NOVEMBER/DECEMBER 2025**

**LECTURER: MR. E. CHIKAKA**

**DURATION: 3 HOURS**

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## INSTRUCTIONS

ANSWER ALL QUESTIONS FROM SECTION A AND ANY THREE (3) FROM SECTION B

THE MARK ALLOCATION FOR EACH QUESTION IS INDICATED AT THE END OF THE QUESTION

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CREDIT WILL BE GIVEN FOR LOGICAL, SYSTEMATIC AND NEAT PRESENTATION

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Newly diagnosed cases in that year.

- (a) Calculate the **prevalence** of diabetes.
- (b) Calculate the **incidence** of diabetes.

### QUESTION 4

A village has 2,000 live births in 2024. Of these, 40 infants die before reaching 1 year of age. Calculate the **infant mortality rate per 1,000 live births**.

### QUESTION 5

Differentiate between **randomized controlled trial (RCT)** and **cross-sectional study** (two differences).

### QUESTION 6

State and explain the use of two **measures of dispersion** in statistics.

### QUESTION 7

List four **Bradford Hill criteria** for establishing causality.

### QUESTION 8

Mention any four **characteristics of a good public health surveillance system**.

**Section B (60 Marks)** (Answer ANY THREE questions. Each question carries 20 marks.)

**QUESTION 1 – EPIDEMIOLOGY**

- (a) Explain the **chain of infection**, clearly describing each link and how it can be broken (10 marks).
- (b) Discuss the **different patterns of epidemic occurrence**, giving an example for each (10 marks).

**Question 2 – Study Designs & Measures of Association**

- (a) Describe the design, strengths, and limitations of a **case-control study** (10 marks).
- (b) A case-control study investigated the relationship between alcohol consumption and road traffic accidents. Out of 300 accident cases, 180 had consumed alcohol, while among 400 controls, 100 had consumed alcohol.  
Construct a  $2 \times 2$  table and Calculate the **Odds Ratio (OR)** and interpret it (10 marks).

**Question 3 – Biostatistics**

- (a) Discuss the **role of biostatistics in epidemiology and public health research**, giving at least three examples (10 marks).
- (b) With the aid of examples, explain the following descriptive statistical tools: Histogram, Boxplot and Scatterplot (10 marks).

**Question 4 – Health Informatics**

- (a) Define **Health Information Systems (HIS)** and describe three key characteristics of an effective HIS (10 marks).
- (b) Discuss the **benefits and challenges of using Information and Communication Technology (ICT) in health care**, particularly in resource-limited settings (10 marks).