



“Investing in Africa’s future”

COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES

NSPH 539: FAMILY, REPRODUCTIVE & CHILD HEALTH

END OF FIRST SEMESTER EXAMINATIONS

AUGUST/DECEMBER 2022

LECTURER: Dr. S Chituku

DURATION: (3 HRS)

INSTRUCTIONS

Answer **ANY 4** questions

The mark allocation for each question is indicated at the end of the question

Question 1

- a. Write short notes on the demographic dividend (5)
- b. What are the drawbacks of estimating maternal mortality using the ZDHS methodology? (5)
- c. WHO ANC guidance now recommends at least 8 ANC “contacts” as opposed to Focused ANC. What possible challenges will Zimbabwe face in implementing this guidance. (15)

Question 2

The Global Fund supports HIV, TB and Malaria in Zimbabwe. These are vertical and powerful programs in any LMIC. Systems thinking is one way of improving efficiency at project design and grant writing. How best can Zimbabwe leverage on systems thinking for the greatest benefit to RMNCH for upcoming funding opportunities from donors and multilateral agencies. (25)

Question 3

Sustainable development goal 3 addresses the issue of Good Health and Well Being (including reduction of maternal mortality and ending all preventable deaths under 5 years of age). Critically discuss the progress Zimbabwe is making in the areas of maternal and under 5 mortality highlighting the challenges faced and possible solutions. (25)

Family health risks have been classified by various scholars as: Inherited biological risks, Environmental risks, Behavioural risks and Age-related risks. Describe the role of the family in health risk appraisal and health risk reduction at the Adolescent stages of development. (25 marks)

Question 4

Explain the rationale of preconception counselling. (20 marks)

Question 5

Citing examples discuss how culture and religion influence outcome of pregnancy and childbirth in Zimbabwe. (25)

