



**INSTITUTE OF THEOLOGY & RELIGIOUS STUDIES**

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**NHPS 424 UNIQUE GROUPS IN COUNSELLING**

**END OF FIRST SEMESTER EXAMINATIONS**

**AUGUST-DECEMBER, 2025**

**LECTURER: REV. DR. N. SHEMSANGA**

**DURATION: 3 HOURS**

***INSTRUCTIONS***

1. Answer **ANY THREE (3)** questions.
  2. Start each question on a new page in your booklet.
  3. All questions carry equal marks.
  4. Credit will be awarded for legible, logical, systematic and neat presentation.
  5. Do not repeat material.
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**INSTRUCTION: Answer ANY THREE (3) questions.**

**Question 1**

Sub-Saharan Africa remains the region most heavily affected by HIV with people living with HIV, newly infected people, and death cases. Discuss five reasons in support of this statement. **[100marks]**

**Question 2**

Explain why disclosure is difficult for people who are HIV positive, when you compare this group with homosexuals which one faces more challenges before and after disclosure. **100marks]**

**Question 3**

Discuss the impact of discrimination and prejudice on the mental well-being of gay and lesbian individuals and suggest how a therapist can help such clients to navigate these challenges and build resilience. **[100marks]**

**Question 4**

Elaborate on the specific knowledge, skills, and attitudes that a counselor must possess in order to effectively and ethically work with gay and lesbian clients. **[100marks]**

**Question 5**

Evaluate the challenges and ethical considerations in providing counselling to displaced populations, particularly concerning access to services, confidentiality, and the importance of creating a safe and secure environment for clients. **[100marks]**

**Question 6**

Discuss the specific ethical issues that arise when counselling children and families, particularly those experiencing divorce. **[100marks]**

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***-THE END OF EXAM-***