



AFRICA
UNIVERSITY[®]

Pastoral *A United Methodist-Related Institution*

COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES & EDUCATION

INSTITUTE OF THEOLOGY & RELIGIOUS STUDIES

NTPT 574 TOPICS IN PASTORAL CARE

END OF FIRST SEMESTER EXAMINATIONS

AUGUST-DECEMBER, 2025

LECTURER: REV. DR. N. SHEMSANGA

DURATION: 3 HOURS

INSTRUCTIONS

1. Answer **ANY THREE (3)** questions.
 2. Start each question on a new page in your booklet.
 3. All questions carry equal marks.
 4. Credit will be awarded for legible, logical, systematic and neat presentation.
 5. Do not repeat material.
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INSTRUCTION: Answer ANY THREE (3) questions.

Question 1

With the help of examples, articulate the meaning of pastoral care, pastoral counselling and pastoral psychotherapy and how they differ from each other.

Question 2

Citing examples, explain the role and function of scripture and prayer during a counselling event.

Question 3

Discuss the ethical considerations and boundaries that a pastoral counselor should keep in mind during a counseling relationship.

Question 4

In the history of soul care, there have been four primary elements and three new ones added. Examine each of the seven elements

Question 5

Assume that a pastoral caregiver encounters a family from a different cultural background. The family has specific traditions regarding the care of the dying and after-death rituals. Explain how the caregiver can provide sensitive and effective support to the family while respecting their cultural practices.

Question 6

Elaborate on at least two specific cultural norms that a pastoral caregiver should be aware of when providing care to individuals from a background significantly different from their own.

END -OF- EXAM