



COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES & EDUCATION

NTPT 311 ADVANCED STUDIES IN PASTORAL CARE AND COUNSELLING

END OF SECOND SEMESTER EXAMINATIONS

JANUARY/MAY 2026

LECTURER: DR. NGUGI SHEMSANGA

DURATION: 3 HOURS

INSTRUCTIONS

1. This paper contains **TWO** sections (Section A and Section B).
 2. Section A is **COMPULSORY**.
 3. Answer **ANY TWO (2) questions** from Section B.
 4. Start each question on a new page in your booklet.
 5. Credit will be awarded for logical, systematic and neat presentation
 6. Do not repeat material.
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SECTION A: COMPULSORY

INSTRUCTION: *Answer Question 1.*

SECTION A

1. Discuss the limits of confidentiality in a pastoral setting and proceed to analyze a complex case where a client confesses to a crime or abuse, balancing ethical principles, legal obligations (mandatory reporting), and the sanctity of pastoral confidentiality. **[40 marks]**

SECTION B

INSTRUCTION: *Answer ANY TWO (2) questions.*

2. In many communities, the pastor is also the counselor, friend, and leader. Discuss the ethical, psychological, and spiritual risks of "dual roles" and provide a strategy for managing boundaries to prevent harm. **[30 marks]**
3. Evaluate the ethical boundaries a pastor must maintain when transitioning from a pastoral care visit to a pastoral counseling session, including the potential risks of unqualified counseling. **[30 marks]**
4. Discuss the "care of souls" (*cura animarum*) model in relation to modern pastoral care, and contrast it with the psychological and therapeutic approach of pastoral counseling. **[30 marks]**
5. A competent pastoral-counselor must be able to integrate psychological understanding with theological wisdom. Describe how you would handle a case that involves both a clinical mental health issue (e.g., severe anxiety) and a spiritual crisis (e.g., loss of faith). **[30 marks]**
6. Analyze the ethical dilemmas involved when a counselee discloses suicidal ideation or the intent to harm someone else and proceed to discuss how a pastoral counselor should balance the duty to protect with the duty to maintain confidentiality. **[30 marks]**

END OF PAPER