



COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES & EDUCATION

NHPS442: The Psychology of Family Processes and Dynamics

END OF FIRST SEMESTER EXAMINATIONS

APRIL/MAY 2026

LECTURER: DR. M J GOHWA KAPESA

DURATION: 3 HOURS

INSTRUCTIONS

1. This paper contains **TWO** sections (Section A and Section B).
2. Section A is **COMPULSORY**.
3. Answer **ANY TWO (2) questions** from Section B.
4. Start each question on a new page in your booklet.
5. Credit will be awarded for logical, systematic and neat presentation
6. Do not repeat material.

SECTION A: COMPULSORY

INSTRUCTION: *Answer Question 1.*

Question 1

a) Examine the Family Systems theory. [20 marks]

b) Analyse the concept of Triangles in the Family Systems theory. [20 marks]

[40 marks]

SECTION B

INSTRUCTION: *Answer ANY TWO (2) questions.*

Question 2

Using your knowledge on children in grief, help guardians of children who have lost their parents to understand the bereavement process in children.

[30 marks]

Question 3

Discuss the different parenting styles. Which parenting styles bring out the best outcomes in children and **WHY**?

[30 marks]

Question 4

Critically analyse one systemic counselling theory and apply it in helping a family to solve a family problem of your choice.

[30 marks]

Question 5

Evaluate Duvall's family development theory and examine its application in Africa. Illustrate your answer with practical examples.

[30 marks]

END OF PAPER
