



COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES & EDUCATION

NHSW 430: COUNSELLING

END OF SECOND SEMESTER EXAMINATIONS

APRIL/MAY 2026

LECTURER: MR J.C MAGOCHA

DURATION: 3 HOURS

INSTRUCTIONS

1. This paper contains **ONE (1) SECTION**.
2. Answer **ANY THREE (3) questions**.
3. Start each question on a new page in your booklet.
4. Do not repeat material.

Question 1

Nomsa is a 14-year-old girl in Form 2 at a public school. Her teachers report that she was previously an enthusiastic learner but has become withdrawn, frequently falls asleep in class, and her grades have dropped significantly. When you meet with Nomsa, she is reluctant to speak but eventually shares that she is responsible for caring for her younger siblings every evening because her mother works late, and she struggles to find time for homework. She also mentions that an older man in her neighborhood has been “friendly” to her, offering her money and gifts.

A. show how you would ethically address the immediate concerns that arise from this case. **[50 marks]**.

B. Describe how you would build a trusting relationship with Nomsa while respecting her autonomy and cultural context. **[50 marks]**

[100 marks]

Question 2

Utilising relevant examples, describe how a counsellor would integrate Afrocentric perspectives and Western science in providing counselling to a child with Generalized Anxiety Disorder. .

[100 marks]

Question 3

Demonstrate the role of non-verbal cues in building rapport during interventions with survivors of gender-based violence.

[100 marks]

Question 4

Illustrate the ethical complexities involved in navigating therapeutic interventions in contexts characterized by multiple interconnected relationships.

[100 marks]

Question 5

With the aid of examples , explain the phases of the counselling process, highlighting the goals and key tasks associated with each phase.

[100 marks]

END OF PAPER
