



AFRICA
UNIVERSITY
A United Methodist-Related Institution

“Investing in Africa’s Future”

COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES
DEPARTMENT OF PUBLIC HEALTH AND NURSING
NSHS 208: FAMILY HEALTH
END OF SECOND SEMESTER EXAMINATIONS
APRIL/MAY 2026
LECTURER: DR. A KAPFUNDE
DURATION: (3 HRS)

INSTRUCTIONS

Answer **any 4** Question

Each question carries equal marks (25).

DO NOT repeat material.

QUESTION 1

Discuss the significance of family health assessments in primary care. Include key components and the impact on health outcomes. (25)

QUESTION 2

Family health is a multi-dimensional phenomenon. No one organization can adequately address family health issues on its own.

- a) List key stakeholders in family health. (5)
- b) Identify and briefly describe the top 5 health issues affecting family health in the developing countries citing examples. (20)

QUESTION 3

Outline the WHO standards for Youth Friendly Service Provision citing the significance of each in management of reproductive health problems in developing countries. (20)

Question 4:

- a. Evaluate the role of family dynamics in health behaviors and outcomes. (15)
- b. Discuss strategies to strengthen family health. (10)

Question 5:

- a. Analyze the impact of chronic illness on family systems. (15)
- b. Discuss interventions that can support families managing chronic conditions. (10)