



"Investing in Africa's future"

COLLEGE OF HEALTH, AGRICULTURE & NATURAL SCIENCES

DEPARTMENT OF PUBLIC HEALTH AND NURSING

NSHS211 HEALTH PROMOTION AND CARE OF THE VULNERABLE

END OF SECOND SEMESTER FINAL EXAMINATIONS

APRIL/MAY 2026

LECTURER: MR T.T.DZVAIRO

DURATION: 3 HRS

INSTRUCTIONS

You are required to answer questions as instructed below

Answer **ANY FOUR (4)** questions in this paper

Credit will be awarded for logical, systematic and neat presentations

Start **each** question on a new page in your answer booklet

Question 1

- a. Define health promotion and explain its evolution from the biomedical model to the socio-ecological approach. (10 marks)
- b. Explain the five action areas of the Ottawa Charter and illustrate each with examples. (15 Marks)

Question 2

- a. Discuss how poverty and gender can create compounded vulnerability. (10 Marks)
- b. Define the social determinants of health and explain their importance in health promotion. (15 Marks)

Question 3

- a. Describe the socio-ecological model and its levels of influence. (10 marks).
- b. Discuss key health challenges affecting women and girls in Sub-Saharan Africa. (15 Marks)

Question 4

- a. Discuss the impact of geographic barriers on maternal health outcomes. (10 Marks)
- b. Evaluate the role of digital health in improving access to care for rural populations. (15 marks)

Question 5

- a. Discuss the principles of social justice in health policy. (10 Marks)
- b. Discuss the importance of interprofessional collaboration in health promotion. (15 marks)

Question 6

- a. Discuss ethical dilemmas in allocating scarce health resources. (15 Marks)
- b. Distinguish between process, output, and outcome indicators. (10 Marks)

End Of Exam