



COLLEGE OF HEALTH, AGRICULTURE AND NATURAL SCIENCES

DEPARTMENT OF PUBLIC HEALTH AND NURSING

SNS2104 MENTAL HEALTH AND PSYCHIATRIC NURSING

END OF SECOND SEMESTER EXAMINATIONS 1

MAY/JUNE 2026

LECTURER: Dr G. Danda

DURATION: 3 HRS

INSTRUCTIONS

You are required to answer questions as instructed in each section

Start **each** question on a new page in your answer booklet

Answer all questions

Each question carries 25 marks

Allocated marks are indicated at the end of the question

Credit will be awarded for logical, systematic and neat presentations

Question 1

- a) Discuss the biopsychosocial model for mental health (15marks)
- b) A patient presents at the OPD in an acute psychotic state, outline the process of admitting the patient for temporary treatment without certification (10marks)

Question 2

- a) Examine the DSM-5-TR definition for narcissistic personality disorder (NPD) (3marks)
- b) Explain five (5) aetiological factors of NPD. (10marks)
- c) Analyse six impacts of NPD on relationships. (12marks)

Question 3

- a) Examine five aetiological factors of delusional disorders (10marks)
- b) Discuss five types of delusions, giving examples of each (15marks)

Question 4

- a) Elaborate five rights for the protection of psychiatric patients in a mental health institution (10marks)
- b) Discuss three nurse led therapeutic approaches that can be implemented in a chronic ward (9marks)
- c) Outline three key points that a psychiatric nurse can use in educating youths on prevention of mental illness (6marks)

Question 5

An 18year old girl is brought to the emergency department, accompanied by her mother with a history of having received her A' level results with 5 points six months ago. She is mute, unkempt and having taken an overdose of paracetamol.

- a) What is the provisional medical diagnosis for this patient? (2marks)
- b) Elaborate four predisposing causes of this condition (8marks)
- c) Explain the nursing care plan for this patient, guided by three nursing diagnoses (15marks)

END OF EXAMINATION