



"Investing in Africa's Future"

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES AND
EDUCATION
INSTITUTE OF THEOLOGY AND RELIGIOUS STUDIES**

NTPT574 TOPICS IN PASTORAL CARE

END OF FIRST SEMESTER EXAMINATIONS

AUGUST - DECEMBER 2020

LECTURER: Dr Mazvita Machinga

INSTRUCTIONS

1. Do NOT write your name on the answer sheet.
2. Answer One Question
3. Credit will be given for neat, well-written and lucid work.

1. Mental illness is often misunderstood, and in some circumstances ignored or treated as taboo. It is common for chaplains to be asked for assistance in addressing mental illness.
 - a) Considering the above, examine ways in which chaplains can be an important ally in providing religious and spiritual interventions for mental health patients and their families. **[30]**
 - b) Discuss the issues and opportunities that facilitate increase in knowledge and understanding of mental health within communities. **[30]**
 - c) Using the information, you have learned about mental health in this class, analyze ways in which the church can be the hope, refuge, and a more welcoming, non-discriminatory environment for people with mental disorders and their families. **[40]**

2. The scope and the intensity of a pastor's premarital and marital preparation are central to holding couples together in their lives and the church has a great role to play.
 - a) Considering your understanding of the meaning of premarital education, compare the various models of premarital preparation, highlighting the strengths and limitations of each of them from an African marriage perspective. **[30]**
 - b) Discuss the types of programs that your church can put in place to assist families in building healthy marriages relationships and maintaining them. Include in your discussion how the church may implement programs. **[30]**
 - c) The church has decided to establish community prevention programs on suicide and substance abuse to assist families. As a resource person for the church family ministries, write an analytic report that would guide the church and provide recommendations for resources to make the programs a reality. **[40]**

3. "Cultural competency" is one of pastoral care's primary tools for closing the disparities, gaps, and diversity issues in pastoral ministry.
 - a) Demonstrate how an in-depth understanding of cultural competency enhances your role and function as a pastor during spiritual assessment. **[30]**
 - b) Applying the concepts you have learned regarding pastoral care of specific groups of the society, analyze how culturally competent care can improve care seeker quality and care outcomes. **[30]**
 - c) Design a presentation to your Bishop and cabinet on strategies for improving cultural and the spiritual competence in pastoral care of both individuals and families **[40]**

THE END