



“Investing in Africa’s Future”

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES
AND EDUCATION**

NHPS 140 INTRODUCTION TO PSYCHOLOGY

END OF FIRST SEMESTER EXAMINATIONS

NOVEMBER/DECEMBER 2021

LECTURER MRS MADZIWA

DURATION: WITHIN 5 HOURS

INSTRUCTIONS

Do NOT write your name on the answer sheet.

Answer One question from the Three questions.

Begin your answer for each part of the question on a new page e.g. a), b) and c).

Each question is worth 60 marks.

Credit is given for neat, well-written and lucid work.

Question 1

- a) Imagine in your community there is woman in mid 40s who has a mental illness how would the following theoretical approaches explain the cause psychoanalyst, behaviourist and gestalt? (30 marks)
- b) Explain how genes and hormones contribute to human development your answer should include dominant and recessive genes. (30 marks)

Question 2

- a) Explain in detail the process of sensation and perception using the sense of sight with the aid of a diagram? Your answer should include ways in which this sense can be damaged and preserved? (30 marks)
- b) Martin Seligman`s theory is different from traditional approaches of psychology, how beneficial is his theory in addressing psychological problems prevailing in communities. (30 marks)

Question 3

- a) Describe in detail the physical, emotional and cognitive changes that take place during adolescence and why it is regarded as “storm and stress” period? (30 marks)
- b) Examine possible types of behaviour problems that are found among juveniles in correctional centres. Discuss possible practical solutions that parents, schools and communities can implement? (30 marks)