



***“Investing in Africa’s Future”***

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY,  
HUMANITIES AND EDUCATION**

**NHSW312 SOCIAL WORK WITH INDIVIDUALS AND GROUPS II  
END OF FIRST SEMESTER EXAMINATIONS  
(MAIN PAPER)**

**NOVEMBER/DECEMBER 2021**

**LECTURER: MR T. NYANDORO**

**DURATION:        WITHIN 5 HOURS**

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**INSTRUCTIONS**

Do NOT write your name on the answer sheet.  
Answer One question from the Three questions.  
Begin your answer for each part of the question on a new page e.g a) , b) and c).  
Each question is worth a total of 100 marks.  
Credit is given for neat, well-written and lucid work.

**Questions**

1. One of the main thrusts of Sustainable Development Goals (SDGs #3) is ending AIDS as a global health threat by 2030. This entails implementing programmes to reach Key Populations (KPs) with comprehensive HIV/TB services. In Zimbabwe, the thrust is embodied in successive National HIV/AIDS Strategic Plans (ZNASP). However,

there are multiple challenges impeding KP programming in Zimbabwe. They include a restrictive legal and policy environment and as well as stigma and discrimination. As a result it is difficult to reach some KPs with comprehensive HIV/TB services. As a social worker, you are required to support and coordinate the KP programmes implementation, including implementing activities to generate demand for comprehensive HIV/TB services among KPs.

- a. Illustrate how a social worker can use group work to affirm comprehensive HIV/TB services among any KP group of your choice.
  - b. Describe the approach to supervising the KP activities and show how they contribute to the KP utilization of comprehensive HIV/TB services.
2. The most beneficial type of psychotherapy is the one that best meets the client's specific needs. While many forms of therapy take advantage of privacy and anonymity, sometimes the best resource for coping with a particular obstacle or personal concern is one in which individuals can connect with others who have had like experiences. Based on these arguments:
- a. Describe the steps a social worker would take in executing group therapy for Adolescents Living with HIV (ALHIV).
  - b. Explain some of the group dynamics likely to be encountered when using group therapy for ALHIV.
  - c. Demonstrate how a group worker would manage group dynamics to achieve group objectives.
3. Outline and illustrate using practical examples the casework interventions for preventing relapse by a client undergoing drug treatment.