



"Investing in Africa's Future"

**COLLEGE OF SOCIAL SCIENCES, THEOLOGY, HUMANITIES
AND EDUCATION**

**COURSE CODE NHPS 446 COURSE TITLE PSYCHOLOGY OF TRAUMA AND
HUMANITARIAN AID**

END OF SECOND SEMESTER EXAMINATIONS

MAY 2020

LECTURER MRS MADZIWA

DURATION: WITHIN 48 HOURS

INSTRUCTIONS

1. Do NOT write your name on the answer sheet.
2. Answer One question from the Three questions.
3. Begin your answer for each part of the question on a new page e.g. a, b and c).
4. Each question is worth a total of 60 marks.
5. Credit is given for neat, well-written and lucid work.

Question 1

- a) Parts of Mozambique and Zimbabwe were devastated by the effects of cyclone Idai in 2019 if you were assigned to go with a relief organization to go and meet a group of 40 survivors in either of the two countries. Your major task is to assess all their needs according age groups (children, adolescents and elderly) and put them in order of priority based on your observations and what the sample of 40 present. A detailed report is required after the task, present according to subheadings.(30 marks)
- b) You are also given an opportunity to have sessions of one on one to establish how they were affected cognitively, emotionally and behaviorally. Give a detailed outline of the symptoms they would state. (30 marks)

Question 2

- a) Emergency and relief aid workers and relatives of traumatic events like bus accident in Rusape where 50 people perished or aircraft disasters where no one survives are classified as secondary survivors. Outline how these two groups are affected by these disasters illustrate answer with examples (20 marks)
- b) Describe detailed recommendations you would make for these secondary survivors especially relief aid workers for them to cope including working hours, self-care, debriefing and any other. (20 marks)
- c) In practice are the above recommendations being implemented what are the successes and challenges what else can be suggested (20 marks)

Question 3

- a) Discuss in detail actual activities by any two organizations one local and one international that offer psychological support and two others that offer material support after disasters. (40 marks)
- b) In your objective assessment what are successes and challenges of these organizations. (20 marks)